



Office of Child Care
and Family Resources
SCHOOL OF EDUCATION
UNIVERSITY OF WISCONSIN-MADISON

BADGER BUZZ



February Updates & Events for UW Parents

We hope you had a restful break and the new semester is off to a great start!

In this issue you'll find information about our **spring parenting classes**, a free **child development webinar**, and **scholarships** for single parents and returning adult students. And with Valentine's Day just around the corner, we've included a **delicious recipe** and a **fun craft** that you can make with your family to celebrate the holiday.

As always, we're here to support you in any way we can. If you have any questions or concerns, please don't hesitate to reach out to us. We wish you a successful and fulfilling semester ahead!

Important Dates:

February 10 - Deadline for Single Parent & Returning Adult Student Scholarship applications

Now until **March 1** - Spring 2024 [UW Child Care Tuition Assistance Program \(CCTAP\)](#) application available to parenting students - login to check your eligibility or apply.

That's So Punny!

What do you call two birds in love?
Scroll to the end to see answer.



**PARENTING CLASSES
SPRING 2024**

LOCATION University Apts. Community Center in Eagle Heights

TIME 12:00 - 1:15pm (except Infant Play Group)
Additional time for continued discussion as needed following each class

BEGINNING	MON 1/22	Infant Development Play Group	Every Monday 10:30am - 12:00pm	QR Code
WED 1/24	Supporting Independent Play	QR Code		
TUE 2/20 TUE 2/27	Siblings - Part 1 Siblings - Part 2	QR Code		
WED 3/13 WED 3/20	Parenting Your Spirited Child - Part 1 Parenting Your Spirited Child - Part 2	QR Code		
WED 4/17 WED 4/24	Intergenerational Parents - Part 1 Intergenerational Parents - Part 2	QR Code		
WED 5/1	Strategies for Neurodiverse Kids and Families	QR Code		

Classes are free for current UW-Madison students & employees.

Lunch & free parking included!

REGISTRATION REQUIRED
Scan the codes or [CLICK HERE](#) to learn more!

Spring 2024 Parenting Classes, Register Today!

Our Spring semester classes are here! Click the link to learn more or sign up for our FREE sessions:

- Weekly Infant Development Playgroup
- Sibling Relationships
- Parenting Your Spirited Child
- Intergenerational Parents
- Strategies for Neurodiverse Kids & Families

Open to UW student, faculty, and staff parents and spouses/partners.

[Sign-up Today!](#)



**LUNCH & LEARN
WEBINAR**

Hosted by
Wisconsin Student Parents Organization &
Human Development and Family Studies

March 1st, 2024
12:00 PM - 1:00 PM

FEATURING CHILD DEVELOPMENT RESEARCH BY:



JENNICA LI
CHILDREN'S DIGITAL MEDIA



LAURA EVANS
CHILDREN'S IDENTITY DEVELOPMENT



SARAH BRAATEN
SOCIAL-EMOTIONAL DEVELOPMENT

Questions? Email smbraaten@wisc.edu

[Scan or click here to register!](#)

Lunch & Learn Webinar - Child Development

Thursday, March 1, 2024
12:00-1:00 PM
Virtual & Free

Join this special Lunch n' Learn event hosted by the Wisconsin Student Parents Organization and HDFS to *hear from three child development graduate researchers.*

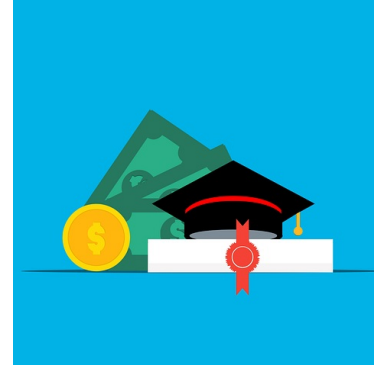
Topics will include the effects of **digital media** on children's development, **identify and racial development**, and parenting skills to support **social-emotional development**.

[Click here to register](#)

Scholarships

Are you a single student parent, or have you had a 5-year break in your education? Submit one application and be considered for **multiple scholarships** ranging from \$1,000-\$5,000.

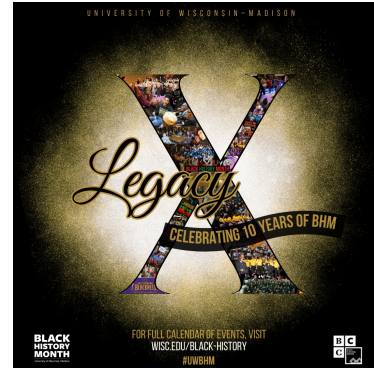
[Applications due February 10](#)



Black History Month

Celebrate the journey, stories, and achievements of Black students at UW–Madison during the **10th anniversary of Black History Month on campus!**

[Learn More](#)



Wisconsin Family Ties

A statewide, parent-run organization in Wisconsin working with families that include **children with social, emotional or behavioral challenges**. Find webinars and training opportunities, or connect to a Parent Peer Specialist to get support.

[Learn More](#)



Ready, Set, SLED!

Madison Parks offers many **hills perfect for winter sledding**. With a good snow base, here are a few suggested locations. Sledding hills are not monitored or maintained.

[Learn More](#)



Celebrate Provider Appreciation Day 2024 by Saying #ThankYouChildCare

Record a 60-second video with Child Care Aware of America by sharing your child care experience over the past year and give a shoutout to your child care program or teacher for Provider Appreciation Day (May 10, 2024).

[Learn More](#)





Student Parent SPOTLIGHT





Anna and her daughter at the 2023 UW-Madison Outstanding Adult Students Award Ceremony

Anna LaMonica

Major: Doctor of nursing practice (DNP) population health.

Year: First year

About Me: I'm a single parent to my beautiful four-year-old daughter. Through my work as a nurse leader, I hope to teach her that you can accomplish anything you set your mind to with hard work and determination.

Career Goals: My first degree is in nutrition, and I hope to utilize both my nutrition and nursing degrees to become a nurse leader in direction community programs, participating in healthcare policy and legislations, and teaching future nurses at a doctorate level.

My biggest piece of advice?

Just keep going! At the beginning of every semester, I always feel so overwhelmed and debate about taking a semester off. By the end of the semester, I'm always glad I didn't. Try not to look at the entire program, and just focus on checking one class off at a time. It feels more manageable to me.

Submit your spotlight and be featured in a future Badger Buzz!

UPCOMING FAMILY-FRIENDLY EVENTS

[Saturday Morning Early Hour](#)

Every Saturday, 8:00-9:00 AM
Madison Children's Museum

[Candlelight Hike/Snowshoe](#)

February 2, 4:30 PM-7:30 PM
MacKenzie Center, Poynette

[Kites on Lake Mendota](#)

February 4, 11:00 AM-2:00 PM
Lake Mendota at Edgewater

[Winter Carnival](#)

February 7-10
UW Memorial Union

[Toddler True Play](#)

Every Thursday, 9:30-11:30 AM
Neighborhood House Community Center

[Baby Gym](#)

February 8, 10:00-10:45 AM
Sequoia Library

[Scandihoovian Winter Festival](#)

February 9-11
Mount Horeb

[Family Fun Night](#)

February 9, 5:30-8:00 PM
Warner Park Community Recreation Center, \$5/family

[Groove & Glide Ice Skating](#)

February 9, 6:00-8:00 PM

Vilas Park

[Skate Cinema | Cool Runnings](#)

February 10, 4:00-7:00 PM]
Tenney Park

[Bilingual Storytime](#)

February 10, 11:00 AM-12:00 PM
Goodman South Library

[Family Fun in Alumni Park](#)

February 10, 1:00-4:00 PM
One Alumni Place and Alumni Park

[Family Valentine's Craft & Cookie](#)

February 11, 2:00-4:00 PM
Amara, \$20/ two children

[Saturday Art with Holly](#)

February 17, 10:00 AM-12:00 PM
Monroe Street Library

[Paw Patrol Marshall to the Rescue](#)

February 17, 11:00-12:30
Wisco Kidz Place, \$20/child

[Kids Disco \(Cartoon Theme\)](#)

February 17, 11:00 AM-2:00 PM
Great Dane - Hilldale, \$6/person (\$20 max for families 4+)

[Candlelit Snowshoe Hike](#)

February 17, 4:30-7:30 PM
Aldo Leopold Nature Center

[Mad City Model Railroad Show](#)

February 17-18, 9:00 AM-5:00/4:00 PM
Alliant Energy Center, Exhibition Hall, \$6/child, 5 & under free

[Extraordinary Evergreens](#)

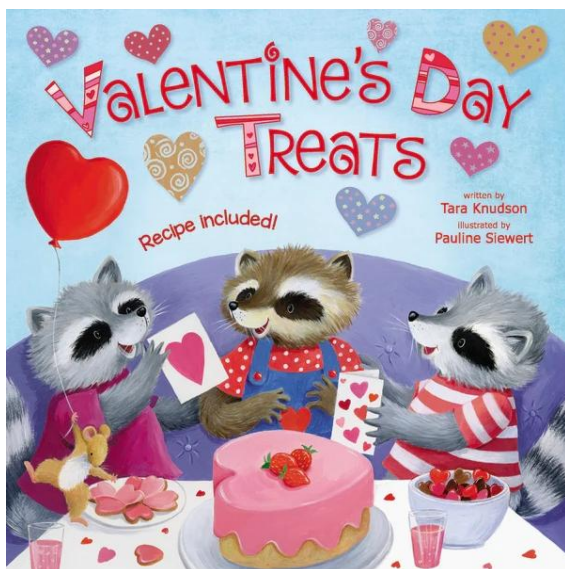
February 18, 1:30-3:30 PM
UW Arboretum, Visitor Center

[Black Heritage Celebration](#)

February 22, 4:00-8:00 PM
Children's Museum | Free admission from 4-8 PM

[Kids in the Rotunda](#)

February 24, Multiple Showtimes
Overture Center



Book of the Month: *Valentine's*



Heart Thumbprint Craft

Day Treats

From sparkly cards to heart-shaped cakes to a party with friends, Valentine's Day Treats captures the joy and fun of holiday traditions. The fun read-aloud rhymes and bright, adorable illustrations are perfect for evoking favorite holiday memories.

In addition to the heartwarming story, there are instructions on how to make your very own heart-shaped treats that may add to your family's traditions!

Sharing crafts with those you love is very special! While creating this craft children are given the opportunity to engage with a sensory activity through using their thumbprints or fingerprints and paint.

Requiring little preparation and materials, children can make a cute and personalized gift for loved ones, to pass out as Valentine's, or to display around the home!

[Learn More](#)[Read Aloud Storytime](#)

Chef's Corner

Strawberry Oatmeal Bars

Combine first five ingredients, then pour in melted butter and stir. Press half of the mixture into the bottom of an 8x8 pan. Scatter strawberries on top, sprinkle with cornstarch, lemon juice, and half of the sugar. Put remainder of the mixture and sugar on top. Bake 35-40 minutes at 375 degrees F.

Ingredients:

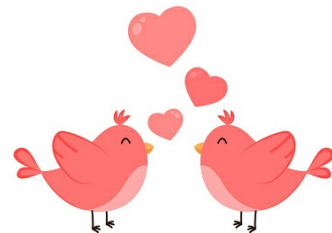
- 1 cup oats
- $\frac{3}{4}$ cup whole wheat flour
- $\frac{1}{3}$ cup light brown sugar
- $\frac{1}{4}$ teaspoon ground ginger
- $\frac{1}{4}$ teaspoon salt
- 6 tablespoons butter
- 2 cups small-diced strawberries
- 1 teaspoon cornstarch
- 1 tablespoon lemon juice
- 1 tablespoon sugar

Recipe from wellplated.com

Answer:

What do you call two birds in love?

Tweethearts!



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a gift to support our mission.



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