August Updates & Events for UW Parents

The summer is flying by! We hope you find some time to kick up your feet and relax before the school year begins in just a few short weeks.

In this issue you'll find a crystal suncatcher science experiment, a recipe for easy stuffed shells, and tons of fun family events this August.

P.S. The 2023 Fall semester application for the Child Care Tuition Assistance Program (CCTAP) is open! [Login to apply or check your eligibility](#).

That's So Punny!

What do pigs say when they stay too long under the sun?
2023 Lil' Badger Bash & Backpack Giveaway

Registration is now open for our annual Lil' Badger Bash to all current CCTAP student parents and their families!

Join us for a free buffet dinner, face painting, board games, a mini student parent resource expo, and a chance to visit with Bucky Badger.

CCTAP Students - Register Today!

New Office of Child Care & Family Resources Website

It's official – the new OCCFR website is here! It's easier to navigate and we've added more resources that we hope you find useful in your parenting journey.

See our new pages for Prospective Parents, Budgeting for Childcare, and Finding Childcare.

How to Help Your Child Successfully Transition Back to School

Summer is a time for being outside, exploring, playing, and having fun, which means that the transition back to school can sometimes be hard. Here are a few suggestions to help children with the transition from summer vacation into a happy and enjoyable school year.

Read More

UW Campus Lactation Room Map

Here you can find lactation rooms or "lactation friendly" spaces across campus. Explore the interactive map or view details and contact information for each space.

Read More

Raising Readers: What Parents Can Do

Learning to read takes practice. Loving to read
Read with your child often and create a sense of enjoyment, wonder, and a passion for reading.

Nature Passport: June 9 - Sept 5  
_Birds of the Feather, Flock Together!_

Looking for a fun family activity that costs nothing? The Nature Passport is a free and self-guided activity journal inviting children and their families to visit the various Nature Net sites and complete as many of the nature missions as they can (or use their Passport as inspiration for their own nature adventures!)

UPCOMING FAMILY-FRIENDLY EVENTS

_FAMILY NIGHT ON LAKE MENDOTA_
August 1, 4:00-6:00 PM  
Memorial Union | Outdoor UW $17

_BLOOMING BUTTERFLIES_
August 1, 10:00 AM-4:00 PM  
Olbrich Gardens

_BLACK PANTHER: WAKANDA FOREVER_
August 1, 5:00 PM-8:00 PM  
Aldo Leopold Park

_LEARN TO FISH_
August 2, 5:30-7:30 PM  
Tenney Park

_CAPITOL CITY BAND CONCERTS IN THE PARK_
August 3, 7:00-8:15 PM  
Rennebohm Park

_SUGAR MAPLE MUSIC FESTIVAL_
August 4 & 5  
William G. Lunney Lake Farm County Park

_SOUTH SIDE SLOW ROLL_
August 5, 3:00 PM  
Depart from Free Bikes 4 Kidz workshop at 354 Coyier Lane

_SENSORY ZONE COMMUNITY DAY_
August 5, 12:00-5:00 PM
Sensory Zone

**National Mustard Day**
August 5, 10:00 AM-4:00 PM
Mustard Museum/Downtown Middleton

**Family Nature Hike**
August 6, 1:00 PM-2:30 PM
UW Arboretum Visitor Center

**Learning Together: Tremendous Trees**
August 8, 10:00 AM
UW-Madison Arboretum Visitor Center | $20/one family

**Art Class**
August 10, 11:00 AM-12:00 PM
Hilldale Shopping Center

**Book Buddies - Read-to-a-dog Program**
August 12 at 9:30, 10:05, 10:35, and 11:05 AM
Guardian Whiskers

**Kids on the Prairie**
August 13, 10:30 AM-12:00 PM
Holy Wisdom Monastery

**Curd Fest**
August 13, 2:00 PM-6:00 PM
Breese Stevens Field

**Concerts in the Park**
August 15, 5:30-7:30 PM
Westmore Park, Sun Prairie

**Family Field Trip Series: Magnificent Monarchs!**
August 17, 10:00 AM-11:00 AM
Owen Conservation Park

**TGIF Camp: The Girls Inc. Family Camp**
*All girl-identifying and nonbinary youth grades 3rd-8th are welcome*
August 18, 9:00 AM-4:00 PM
Garner Park

**Eken Park Festival**
August 19, 11:00 AM-8:00 PM
700 block of Mayer Ave

**Summer of Making with the Bubbler**
August 22, 1:00 PM-3:00 PM
Central Library - Youth Program Room

**Rock River Thresheree**
September 1, 8:00 AM-5:00 PM
Thresherman's Park, Edgerton

Book of the Month: *Hot Dog*

This hot dog has had enough of summer in the city! She hails a taxi, hops a train, and ferries out to the beach. Here, a pup can run!

With fluid art and lyrical text that have the soothing effect of waves on sand, award-winning author Doug Salati shows us how to find calm and carry it back with us so we can appreciate the small joys in a day.

Read Aloud Storytime

Fun Science Experiment: Crystal Suncatchers

With just a few simple ingredients, kids can create their very own dazzling suncatcher that will sparkle in the sun!

Not only is this experiment fun, but it's also a great way to teach your kids about the science of crystals and how they form. What are you waiting for? Gather up your materials and get ready to have some fun with your little scientists!

Learn More

Chef's Corner

Easy Stuffed Shells

Cook the pasta shells. Stir together the defrosted and drained spinach with cheese filling ingredients. Spoon the filling into the shells and put them in a baking dish. Top the shells with marinara sauce and mozzarella cheese. Bake until the shells are hot and the cheese is melted.

Ingredients:
- 10 ounce box frozen chopped spinach
- 12 ounce package jumbo shells
- 15 ounces part-skim ricotta cheese
- 1 ½ cups cottage cheese
- 1 ½ cups (6 ounces) grated mozzarella cheese, divided
- ½ cup grated Parmesan cheese
- ½ teaspoon salt
- ¼ teaspoon pepper
- 25 ounce jar of your favorite marinara sauce
Optional - fresh basil or parsley
Optional - Mix 1 lb ground beef with filling. Reduce amount
What do pigs say when they stay too long under the sun?

I'm bacon!

Recipe from KristinesKitchenBlog.com