



Office of Child Care
and Family Resources
SCHOOL OF EDUCATION
UNIVERSITY OF WISCONSIN-MADISON

BADGER BUZZ



July Updates & Events for UW Parents

We hope you're staying cool and enjoying the first few weeks of summer!

In this issue you'll find resources to help pay for child care, a summer activity bucket list, and steps to make a glitter jar to help kids manage big emotions.

That's So Punny!

How did the hammerhead shark do on his test?

Scroll to the end to see answer.



Summer Parenting Classes from the UW-Madison Extension!

Join educators from the University of Wisconsin-Madison Extension for virtual parenting classes and support - all classes are free or low cost.

Discover the best of what science has to offer parents and choose what works for you.

- Developing Bedtime Routines
- Labeling Strong Feelings
- Raising Resilient Children
- Coping with Teenagers' Emotions
- Co-Parenting classes

[Find Classes and Sign Up](#)



Mark Your Calendars! Fall CCTAP application available July 17

Are you a parenting student at UW-Madison? Apply today to see if you qualify for funding to help pay for child care!

Students must reapply for their Child Care Tuition Assistance Program (CCTAP) award each semester. Open to U.S. citizens, permanent residents ("green card" holders), and international students.

Login to check your eligibility and be sure to save the date!

[Check Your Eligibility](#)

Get Help Paying for Child Care

The Wisconsin Department of Children and Families is accepting applications for the **Wisconsin Shares Child Care Subsidy** program. Children must be U.S. citizens or qualified immigrants.

Students can combine WI Shares with CCTAP funding to pay for care!

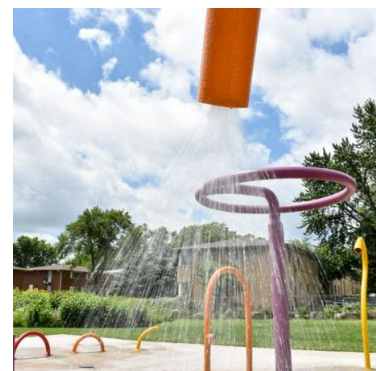
[Read More](#)



Cool Off With a Visit to a Splash Park!

Madison Parks offers three, always free-to-use splash parks, open daily: 10:00am to 8:00pm

[Read More](#)



Taking a Deep Dive Into Swim Safety

Swimming is great exercise and such a fun way to spend the day. Here are a few tips for helping kids stay safe while enjoying time in the water.

[Read More](#)



Making Memories With a Free Summer Bucket List Printable

What fun does your family have planned this summer? Check out this free summer bucket list printable with daily adventurous inspirations. Let the memories begin!

[Read More](#)



UPCOMING FAMILY-FRIENDLY EVENTS

[Stories and Songs with Junebug](#)

July 8, 10:30-11:15 AM

Pinney Library

[Birding for Families](#)

July 8, 9:00-11:00 AM

Patrick Marsh Wildlife Area, Sun Prairie

[Book Buddies - Read-to-a-dog Program](#)

July 8 at 9:30, 10:05, 10:35, and 11:05 AM

Guardian Whiskers

[Environmental Fun Fair](#)

July 9, 1:00 PM-4:00 PM

Lake Farm County Park

[A Wild Rumpus at Haen Family Park](#)

July 10, 5:00-7:30 PM

Haen Family Park

[David Landau's Music and Laughter for Children](#)

July 11, 10:00-11:00 AM

William T. Evjue Rooftop Gardens, Monona Terrace

[University Houses Preschool Playgroup](#)

July 14, 9:30-11:00 AM | Free

6033 Odana Road, University Houses Preschool

[Messy Art with Amy](#)

July 14, 10:30-11:15 AM

[Movie at the Glen - Back to the Future](#)

July 16, 4:00-7:00 PM

Glen Golf Park

[Learning Together: Flowers and their Insect Friends](#)

July 18, 10:00-11:30 AM

UW Arboretum Visitor Center

[Dane County Fair](#)

July 20-23, see Fair hours

*July 21 (Kids Day) and July 23 (Family Day)

[Family Movie Night](#)

July 23, 4:00-5:00 PM

Wisconsin Brewing Company, Verona

[Family Night on Lake Mendota](#)

July 25, 4:00-6:00 PM

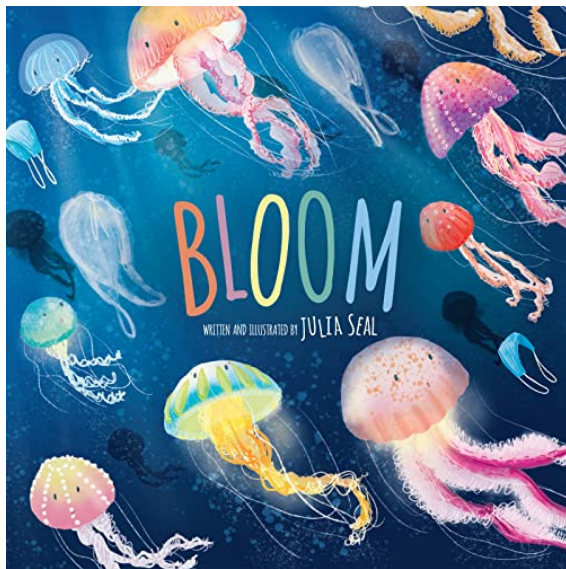
Memorial Union | \$17

[Sensory Friendly Night: Free Admission](#)

July 28, 4:30-7:00 PM

Madison Children's Museum

Children and families affected by Autism Spectrum Disorder (ASD) and/or sensory challenges can experience the museum during Sensory-Friendly Hours.



Book of the Month: *Bloom*

Once, the ocean was full of friends. Then a little jellyfish notices that things are changing--friends are disappearing! He sets out to discover the truth and learns that everyone has a part to play in protecting the careful balance of the ocean.

In this beautifully illustrated, timely, and topical tale, the jellyfish band



How To Make a Glitter Jar

We all have times when we feel stressed, angry, upset, or overwhelmed. Sometimes children — just like adults — need a moment to calm themselves and gather their thoughts.

Here's a step-by-step guide on how to make this glitter jar (or bottle) you can keep on hand to help your child relax

together to deliver an important message.

and calm down the next time things become overwhelming.

[Read Aloud Storytime](#)

[Learn More](#)



Chef's Corner

Watermelon Fruit Pizza

Mix Greek yogurt, vanilla extract and lemon juice in a small bowl (or sub for cream cheese). Pat the watermelon dry with paper towel. Spread the yogurt mixture on the sliced watermelon and cut it into slices. Top with berries and kiwi fruit. Serve and enjoy. Store leftovers in an airtight container in the refrigerator for up to 3-4 days.

Ingredients:

- 2 slices round watermelon
- 1 cup greek yogurt
- 1 teaspoon vanilla extract
- 2 teaspoons lemon juice
- ½ cup blueberries
- ½ cup raspberries
- ½ cup strawberries
- ½ cup kiwi fruit

Optional toppings - chocolate chips, grated chocolate, coconut flakes, nut butter, raisins, dried fruits, seeds, nut, cocoa powder.

Recipe from Alaina.com

Answer:

How did the hammerhead shark do on his test?

He nailed it!



Questions or Feedback?
Phone: (608) 265-4060

[Send us a message](#)

Keep in Touch



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