



Office of Child Care
and Family Resources
SCHOOL OF EDUCATION
UNIVERSITY OF WISCONSIN-MADISON

BADGER BUZZ



October Updates & Events for UW Parents

We hope your first few weeks of classes are off to a great start! In this issue you'll find info on our upcoming parenting classes, fun fall family events around Madison, and a recipe to make a yummy pumpkin snack cake.

Important Dates:

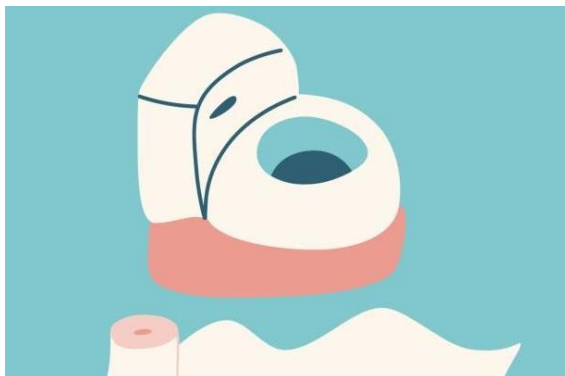
October 13 - Last day for students to [submit a Child Care Tuition Assistance Program \(CCTAP\) application](#) to be considered for a full award. Students must reapply each semester.

October 20 - Last day for UW employees to [enroll in or change benefits](#) for the upcoming year.

November 5 - Daylight Saving, clocks fall back 1 hour. >>[Tips to prepare kids](#).

Why was the jack-o-lantern so forgetful?

Scroll to the end to see answer.



Respectful Potty Training

Wednesday, October 4
12:00-1:15 PM
University Apartments Community
Center in Eagle Heights
Lunch included

If you have a little one who will be starting the process of potty learning, this class is for you! We will cover developmental readiness and options for supporting your child as they start learning or struggling with accidents, holding, or bedwetting.

Open to student, faculty, and staff parents as well as spouses/partners.

[Sign Up Today!](#)



Bed Time & Naps

Tuesday, October 24
12:00-1:15 PM
University Apartments Community
Center in Eagle Heights
Lunch included

Learn the basics of healthy sleep and some of the common transitions like dropping naps, night waking, co-sleeping, and moving bedtime later as kids age. There will also be plenty of time to get into the nitty gritty of sleep issues happening in your home.

Open to student, faculty, and staff parents as well as spouses/partners.

[Sign Up Today!](#)

WI Shares Child Care Subsidy Policy Change

Exciting news! The WI Shares program no longer **requires students to work at least 5 hours per week** to qualify. Other eligibility requirements still apply. Children must be U.S. citizens to qualify (but parents do not).

[Read More](#)



Dependent Care Flex Spending for UW Faculty and Staff

Faculty and most staff are eligible to sign up for a dependent care flexible spending account to set aside pre-tax dollars to pay for childcare or adult

dependent care. Sign up during Open Enrollment, now through Friday, October 20, 2023.

[Read More](#)



Halloween Health & Safety Tips

Keep these tips in mind to help ensure your children have a healthy and safe Halloween, from picking out costumes, to pumpkin carving, to trick-or-treating!

[Read More](#)



Free Flu Shots for Students & Employees

Schedule your free flu shot today! A flu vaccine protects you and others. Last year, more than 18,000 students were vaccinated against the flu.

[Schedule a Flu Shot](#)



UPCOMING FAMILY-FRIENDLY EVENTS

[Treinen Farm and Pumpkin Patch](#)

October 01- November 03, except Mondays & Tuesdays
Treinen Farm - Lodi

[Mammoth Hike Challenge](#)

October 1-31, self-paced
Ice Age Trail

[Music Time with Tim](#)

October 4, 11:00-11:30 AM
Madison Children's Museum, \$12 admission

[Fall Fest - Creatures of the Night](#)

October 6, 5:30-7:30 PM
Aldo Leopold Nature Center

[Mental Health & Wellness Fall Festival](#)

October 7, 11:00 AM-8:00 PM
Snadragon Farm & Stables, Mt. Horeb

[Fire Truck Parade](#)

October 8, 1:00-3:00 PM
Capitol Square

[Leaf Magic for Kids](#)

October 14, 1:00-2:30 p.m.
Warner Park Rainbow Shelter

[Kids on the Rotunda: Suzi Shelton and Little Miss Ann](#)

October 14, 9:30 AM, 11:00 AM, & 1:00 PM
Overture Center

[Family Fall Fest](#)

October 14, 10:00 AM-2:00 PM
The Bruce Company - Middleton

[Book Buddies - Read-to-a-dog Program](#)

October 14 at 9:30, 10:05, 10:35, and 11:05 AM
Guardian Whiskers

[Movies in the Park - Hotel Transylvania: Transformania](#)

October 15, 4:00-7:00 PM
The Glen Golf Park

[Science on the Square](#)

October 19, 4:00-8:00 PM
Madison Children's Museum

[Moon Over Monona Terrace](#)

October 20, 7:00-9:30 PM
Monona Terrace

[Hayrides & Hikes](#)

October 21, 1:00 PM-4:00 PM
Cherokee Marsh - North Unit | Hayride \$3/person

[Deltaween - Madison Makers Market](#)

October 21, 3:00-8:00 PM
Delta Beer Lab

[Haunted Hustle Run](#)

October 21, 10:30 AM Start for Lil' Goblins 1K Run (10 years and under)
Middleton, WI | \$20

[Art Spin](#)

October 21, 12:00 PM
Chazen Museum of Art

[Downtown Madison Family Halloween](#)

October 25, 3:00-6:00 PM
Capitol Square

[Luminary Night Hike](#)

October 26, 6:00-8:00 PM
Lussier Family Heritage Center
\$5/person or \$20/family (Children 5 and under are free)

[Warner Park Family Fun Night](#) - Halloween Special
October 27, 5:30-8:30 PM
Warner Park Community Center | \$5/family

[Boo at the Zoo](#)
October 28, 9:30 AM-2:00 PM
Henry Vilas Zoo

[Just Between Friends: Pop-up Children's Resales](#)
November 02-04, varying times
The Tributary - Plumbers 75 Madison Union Office



Book of the Month: *The Great Pumpkin Contest*

Mimi and Clara are neighbors. Both cats want to win this fall's Great Pumpkin Contest. As the competition draws near, Mimi's pumpkin grows larger...and larger...and LARGER. And soon the pumpkin—and her worries—are bigger than she imagined.

The Great Pumpkin Contest is a reassuring reminder that even in a competition, friendship always comes first.

[Read Aloud Storytime](#)



Fingerprint Fall Tree Craft

This fun fall sensory activity gives children the opportunity to mix paint with their fingers, creating a beautiful fall tree out of colorful leaves, acorns, and other fall items you could collect on a nature walk.

If you are interested in less mess, you can bunch a group of Q-Tips together to dip into the paint instead. All you need is washable paint, construction paper, scissors and glue and you're ready to craft!

[Learn More](#)

Chef's Corner

Healthy Pumpkin Oatmeal Snack Cake



Preheat the oven to 350 degrees F and coat a 9" square pan with cooking spray. Whisk together dry ingredients in a bowl. In a separate bowl, whisk wet ingredients (except milk), adding syrup last. Make sure there are no clumps. Alternate adding the oat mixture and milk. Spread batter in pan and bake for 25-28 minutes.

Ingredients:

1 ½ cups instant oats
1 ¼ cups whole wheat flour
1 ½ tsp baking powder
½ tsp baking soda
2 tsp ground cinnamon
½ tsp ground nutmeg
¼ tsp ground cloves
½ tsp salt
1 tbsp coconut oil or unsalted butter, melted
2 large egg whites
2 tsp vanilla
1 cup pumpkin puree
½ cup plain nonfat Greek yogurt
6 tbsp pure maple syrup
½ cup nonfat milk

Recipe from *AmyShealthyBaking.com*

Answer:

Why was the jack-o-lantern so forgetful?
Because he was empty headed!



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Office of Child Care & Family Resources at UW-Madison | 611 Eagle Heights, Room 148,
Madison, WI 53705

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