

# BADGER BUZZ



Travian Blaylock celebrates receiving his business degree with his family following the winter graduation ceremony held in the Kohl Center at the University of Wisconsin–Madison on Dec. 18, 2022. (Photo by Althea Dotzour / UW–Madison)

## February Updates & Events for UW Parents

Welcome Back Badgers! We hope your family had a restful winter break and are ready for brighter and warmer days ahead.

We also want to say **CONGRATULATIONS** to all our student parents who graduated in December, you did it! Pictured above with his family is Travian Blaylock who celebrated reaching this important milestone in 2022.

**That's So Punny!**

**Why shouldn't you give Elsa a balloon?**

*Scroll to the end to see answer*



## Check out our Spring Semester Parent & Family Events!

Register today to reserve your spot for our upcoming Parent & Family Events! Follow the link below to sign up for one or more of the following sessions:

- *I'm New at This!*
- *Raising Problem Solvers*
- *Partners in Parenting*
- *Tantrums & Meltdowns*
- *Infant Development Play Group*
- *One on One Consultations*
- *Respectful Parenting (online)*

Open to Students, Faculty, & Staff and partners/spouses.

[Reserve Your Spot](#)



## NEW! UW Campus Child Care Centers Now Eligible for Teacher Pledge Program

Are you working towards your degree in early childhood education or PK-12?

The Teacher Pledge Program offers student loan forgiveness for teachers who stay in Wisconsin and work for three to four years, and now [UW's Campus Child Care Centers](#) are eligible sites!

Learn more about the skills you could gain working with our youngest learners on campus, and the career pathways for early childhood professionals.

[Learn More](#)

## 12 Healthier Alternatives to Screen Time When Kids Are Stuck at Home with No School

YouTube, TikTok, Disney+, Netflix, Nintendo Switch. Despite our best intentions, screen time does tend to creep up when the going gets tough. Here are some ideas on how to avoid excessive online + gaming — from toddlers to teens.

[Read More](#)



## Make Your New Year's Resolutions a Family Affair

It's that time of year again, when many of us make New Year's resolutions that we have the best intentions of keeping. Being supported and held accountable by others will further help you reach your goal, so consider making resolutions as a family.



[Learn More](#)



## Snowshoeing In & Around Madison (And Where to Get the Gear)

Snowshoeing is a fantastic way to explore many of our parks during the winter months and is easy to learn. It's something that even young kids can do — if you are taking young kids, make sure to focus on the experience versus the distance.

[Read More](#)



## Free Online Parenting Classes

Join a free online parenting class every Thursday at 7 PM, offered by the UW Extension Office of Parenting & Family Relationships. Connect with other parents. Get practical, positive parenting ideas. Help children grow.

[Learn More](#)



## UPCOMING FAMILY-FRIENDLY EVENTS

### [Groove & Glide](#)

Feb 3 from 6:00-8:00 p.m.  
Westmorland Park | Skate Rentals Available

### [Winter Carnival](#)

Feb 6-11  
UW Memorial Union

### [Family Fun Night](#)

Feb 10 from 5:30-8:00 p.m.  
Warner Park Community Rec Center | \$5 per family

### [Book Buddies \(Read-to-a-dog program\)](#)

Feb 11 - Multiple sessions between 9:30 a.m.-11:05 a.m.  
City Dog Veterinary Clinic

### [Winter Carnival Family Fun](#)

Feb 11 from 11:00 a.m.-3:00 p.m.  
UW Alumni Park

### [Skate Cinema](#)

Feb 11 from 4:00-7:30 p.m.  
Tenney Park

### Family Nature Program - Winter Trees

Feb 12 | Nature Walk 1-2 p.m. Nature Activities 2-3 p.m.  
UW Arboretum

### Mad City Model Railroad Show

Feb 18-19  
Alliant Energy Center  
Adults \$14; Children (5-15) \$6; Under 5 Free

### It's Okay to be Different

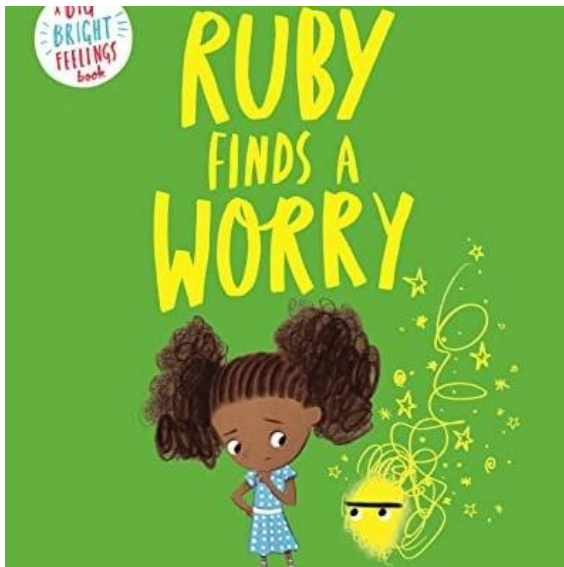
Feb 18 at 2:00 p.m.  
Overture Center

### Multi-age Storytime (ages 5 and under)

Feb 22 from 10:30-11:30 a.m.  
Central Library

### Kids In the Rotunda - Tom Pease

Feb 25 at 9:30 a.m. or 1:00 p.m.  
Overture Center



#### **Book of the Month: Ruby Finds a Worry by Tom Percival**

Meet Ruby -- a happy, curious, imaginative young girl. But one day, she finds something unexpected: a Worry. It's not such a big Worry, at first. But every day, it grows a little bigger . . . and a little bigger . . . Until eventually, the Worry is ENORMOUS and is all she can think about.

This story is the perfect springboard for talking to children about emotions and anxieties.

[Read Aloud Storytime](#)



#### **Get up to \$30 per month to use towards internet service**

The Affordable Connectivity Program (ACP) provides a **discount of up to \$30 per month toward internet service** for income eligible households and up to \$75 per month for households on qualifying Tribal lands.

Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet.

[Check Your Eligibility or Apply](#)



## Vegetarian Sandwich on a Stick

Kids can help pick out their favorite sandwich ingredients and assemble these tasty treats. Serve with ranch dip, pesto, or mustard for dipping.

### Suggested Ingredients:

- 2 cups bread cubes (ciabatta, french, or other hearty bread)
- 1 1/2 cups cubed mozzarella or cheddar cheese
- 10 cherry tomatoes, halved
- 2 leaves romaine lettuce, torn into small pieces
- 2 cucumbers, thinly sliced
- 10 skewers

*Recipe from Weelicious.com*

## Answer:

Why shouldn't you give Elsa a balloon?  
Because she'll let it go!



Questions or Feedback?  
Phone: (608) 265-4060

[Send us a message](#)

Keep in Touch



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