



Office of Child Care
and Family Resources
SCHOOL OF EDUCATION
UNIVERSITY OF WISCONSIN-MADISON

BADGER BUZZ



April Updates & Events for UW Parents

What do I do with the kids all day when it's raining? How can I get my toddler to try new foods? What are some ways my family can celebrate Earth Day together?

We have answer to all your questions in this month's Badger Buzz, read on!

Important CCTAP Dates:

Spring term Child Care Tuition Assistance Program (CCTAP) invoices will be sent out the week of April 3 to all child care providers and are due by May 12. The summer term CCTAP application will be available on April 10. Students, [check your eligibility or apply!](#)

That's So Punny!

How do rabbits travel?

Scroll to the end to see answer



Partners in Parenting

April 12 & 19
12:00-1:15 p.m.
Fresh Market - Lunch included

Join us for one or both sessions in this 2-part workshop! Identify common roadblocks that interfere with working as a team and how to apply the basic principles of teamwork to your family.

Open to Students, Faculty, & Staff and partners/spouses.

Register Today!



Let's Increase Autism Acceptance in Our Communities!

Did you know April is National Autism Awareness Month?

Visit the Organization for Autism Research website to **learn how you can get involved** with tools like *Kit for Kids*, and *Autism Tuned In*, or join the fifth annual [Active for Autism 5k and Kids Dash](#).

Learn More



Let's Celebrate Week of the Young Child 2023! April 1-7

While the COVID-19 pandemic has changed our lives in many ways, it hasn't changed the need to celebrate and support children and the adults who love, care for, and educate them.

Our team at OCCFR would like to say a special thank you to our AMAZING early childhood educators for the vital work they do every day to shape the lives of young learners.

Parents, we also encourage you to take a moment to thank your childcare provider and learn more about how you can advocate for children, families, and

[Learn More](#)

11 Expert Tips for Parents of Picky Eaters

It can feel so defeating when kids start to say “no” to foods they used to eat! Here are tips from dietitians and occupational therapists to put your child on the road to eating more foods.

[Read More](#)



Straight Talk About Vaccines

There is so much information and misinformation about vaccines. Learn more about this topic and ways to keep your family safe in this free recorded webinar from the Early Childhood Health Consultation.

[Watch the Webinar](#)



Fun Rainy Day Activities for Kids of All Ages

Rain, rain, *inside all day* . . . Here are 50 fun, easy and cheap rainy day activities for kids, to keep them (and you!) from climbing the walls.

[Read More](#)



"Let's Talk" - Free 20-minute drop-in consultation, no topic is off limits

Students, do you need help talking through a problem? Curious what it's like to talk to a counselor? Try "Let's Talk," a free, informal, and confidential drop-in consultation with a UHS mental health provider to get started.

[Read More](#)



UPCOMING FAMILY-FRIENDLY EVENTS

[Young at Art](#)

March 18-August 6

Madison Museum of Contemporary Art (First Floor)

[Friday Family Films - Encanto](#)

April 7, 6:00-7:45 p.m.

Goodman South Madison Library

[Cottontail Classic](#)

5K run/walk/stroller fundraiser and easter egg hunt

April 8 at 9 a.m.

McGaw Park, Fitchburg | 0-12 \$25, Adults \$35

[Family Fun Nights](#)

Warner Park Community Recreation Center

April 14, 5:30–8:00 p.m.

[Book Buddies - Read-to-a-dog program](#)

April 8 at 9:30, 10:05, 10:35, and 11:05 a.m.

Guardian Whiskers

[Lil' Badger Consignment Sale](#)

April 14-16 - see website for various time

Monona Community Center

[Science Expeditions](#)

April 14-16

UW Campus | Free

[Kids in the Rotunda - Pure Energy Magic Show](#)

April 15, 9:30 a.m. & 1:00 p.m.

Overture Center for the Arts

[Let's Blow Off Some S.T.E.A.M.](#)

April 17 at 5:30-6:30 p.m.

Hawthorne Library

[The Launch](#)

April 22 from 11:00 a.m.-3:00 p.m.

Kid-friendly activities, giveaways, and open practice

Camp Randall Stadium | Free ticket required for entry

[Earth Day Birding for Families with Madison Public Library & Feminist Bird Club](#)

April 22 from 2:00-4:00 p.m.

Cherokee Marsh, South Unit | Free, Registration Required

[Bird and Nature Festival](#)

April 23 from 12:00-4:00 p.m.

Warner Park

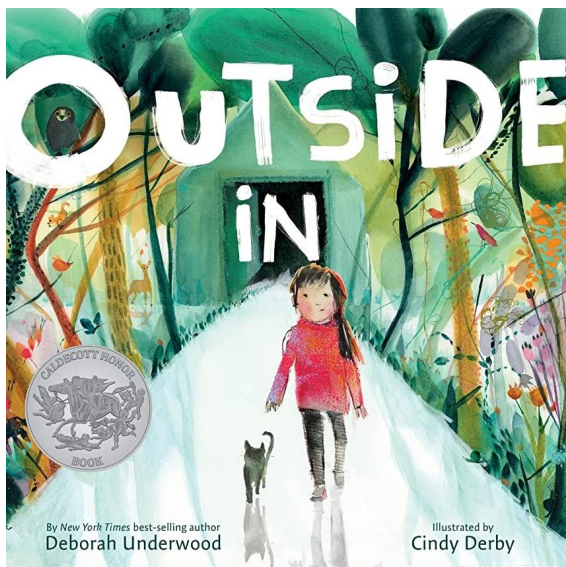
[Madison FUN Nature Walk](#)

April 23 from 12:00-4:00 p.m.

Aldo Leopold Nature Center

[5K Dash for Down Syndrome](#)

April 29 from 8:30 a.m.-12:30 p.m.



Book of the Month: *Outside In*, by Deborah Underwood

This thought-provoking picture book poetically underscores our powerful and enduring connection with nature, not so easily obscured by lives spent indoors. This thought provoking picture book poetically.

Rhythmic, powerful language shows us how our world is made and the many ways *Outside In* comes in to help and heal us and reminds us that we are all part of a much greater universe.

[Read Aloud Storytime](#)



Teaching Kids How To look After the Environment

Earth Day is coming up on April 22, 2023! But how can you teach children to value and respect the environment all year long?

Young children are naturally curious about the world around them. As parents, we can nurture that curiosity into kindness towards the natural world. Here are 8 ideas and a recommended reading list to get started.

[Learn More](#)

Chef's Corner

Quesadillas in the Oven

These baked quesadillas in oven are easy to make on a sheet pan and have the best crispy exterior!

Preheat the oven to 425 degrees. Brush a baking sheet with olive oil. Place tortillas on the sheet (rub them in a bit so they get coated with oil). Add toppings, taking care not to overfill! Fold over the quesadilla into a half-circle. (This makes it easier to flip.) Bake 8 minutes, then flip and bake 6 to 7 minutes more until golden brown. Cut into pieces and serve immediately.

Ingredients:

- Corn or wheat tortillas
- Cheddar cheese
- Black beans with spices like cumin, onion powder, garlic powder

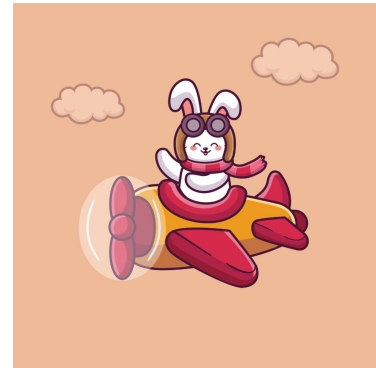


- Green onion
- Pico de gallo
- (Optional) Shredded chicken or pork
- Top with cilantro, salsa, sour cream, & avocado

Recipe from ACoupleofCooks.com

Answer:

How do rabbits travel?
By hareplane!



Questions or Feedback?
Phone: (608) 265-4060

[Send us a message](#)

Keep in Touch



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