Office of Child Care and Family Resources Monthly Newsletter

BADGERBUZZ

Discover events, resources, and activities for UW families

November Badger Buzz

November is here, and with cold and flu season settling in, this month's Badger Buzz has a healthy-habits twist! Our read-aloud book is all about hand washing and kids can make their own germs for the craft of the month. We're also sharing Election Day info, a two-part class on coaching sibling squabbles, scholarships for single parents and returning adults, and some lesser-known campus food resources. Plus, we're celebrating First-Gen Week!

Dates & Reminders

- 11/2: Fall CCTAP invoices issued
- 11/3: WI General Election
- 11/10: Sibling Squabbles Pt. 1
- 11/19: Sibling Squabbles Pt. 2
- 11/26–29: Thanksgiving Break



Plan to Vote on November 3rd!

Election Day is Tuesday, November 3, with polls open from 7 a.m. to 8 p.m. Vote at your assigned polling place, and if you aren't registered yet, you can register there on Election Day by bringing a proof of residence document. Visit **BadgersVote**, UW–Madison's nonpartisan voting resource, for everything you need to plan your vote.

Learn more

Parenting Classes: Coaching Sibling Squabbles

Constant bickering between siblings doesn't have to be the norm. While personality and temperament play a part, parents have a big influence on whether sibling friendships can grow. In this two-part virtual class, you'll learn practical ways to nurture a close bond between your kids, avoid common sibling pitfalls, and handle conflicts so your children learn to work things out together and need you to step in less often. Join us for Part 1 on Tuesday, November 10, and Part 2 on Thursday, November 19, from 12–1:15 p.m.

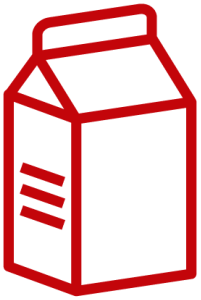
Learn more & register »



Scholarships for Single Student Parents and Returning Adults

Are you a single parent, or are you returning to school after a significant break in your education? University Special Student Services offers scholarships for nontraditional and returning adult students, and one application through the **Wisconsin Scholarship Hub (WiSH)** puts you in the running for multiple awards. Applicants must be admitted to a UW–Madison undergraduate, graduate, or professional degree program, demonstrate financial need, file the FAFSA, and be a U.S. citizen, permanent resident, or eligible noncitizen. Single parents don't need a break in their education to qualify. Applications are open from November 16 to February 10.

Learn more & apply »



Campus Food Resources

UW–Madison offers several food resources that many families don't know about. Sign up for **Free Food Alert** with your wisc.edu email to get notified when free food is available on campus. Students can also pick up free frozen meals through the **Nutrition Access Program**, and the **Goodie Bag app** offers unsold Wisconsin Union food at a discount.

Explore resources »



Celebrating First-Gen Students

Did you know nearly one in three UW–Madison student parents we surveyed are first-generation college students? First-Gen Week from Nov. 4–10 celebrates the achievements and resilience of first-gen students, with First-Generation College Celebration Day on November 8. Students are invited to join **FGLI Services** events and celebrations throughout the week.

Learn more »

Child Care Openings

*The following openings within the **UW–Madison Child Care and Education System** are current as of **10/30/26**.*

Child Development Lab

- (2) openings for age 2 (children who turned 2 by September 1)
- (1) opening for age 3 (child who turned 3 by September 1)

Eagle's Wing Child Care

- Half-day mornings (7:30-12) for ages 2-4
- Full day Monday/Wednesday/Friday for age 2
- Full day Monday-Friday for age 3

Creative Learning Preschool

- (1) full-time opening in our 4K program and some part-time across most ages

Little Chicks Learning Academy

- (2) openings for kids born in 2026
- (2) openings for kids born in 2025
- (3) openings for kids born Sept-Dec 2024
- (2) openings for kids born Jan-Aug 2024
- (2) openings for kids born 2022-2023

Meeting House Nursery School

- (3) spots in 4K morning program
- (5) spots in 4K afternoon program
- (1) spot in 4K full-time program
- (6) spots for age 3, T/Th mornings
- (4) spots for age 3, M-F afternoons
- (1) spots for age 2, M-F mornings
- (4) spots for age 2, T/Th mornings

Preschool of the Arts

- (3) openings for 3 year olds
- (1) opening for a 2 year old
- (3) openings for 2.5 year olds beginning on February 1

The Playing Field Midtown

- (1) opening in 4K program

UW Research Studies Seeking Children & Families

Help UW–Madison researchers explore child development, family well-being, and more. Opportunities vary and may involve surveys, activities, or visits, often with compensation for your time.

Couple Connections Study

Dates: Ongoing
Time commitment: Approximately 1.5 hours
Compensation: $50 gift card
Eligibility: Adults (18+) in a long-term relationship with a spouse or romantic partner who live in/ around the Madison/Fitchburg/Sun Prairie/Monona/Verona/Middleton area.
Description: We are currently recruiting couples to participate in interviews, and we would love to see if it is possible for you to share this recruitment call with your community. At this stage of the project, we are especially hoping to connect with parents currently raising young children, as well as people of color. The interview will involve both members of the couple, last around 1.5 hours, and can be scheduled at their home, a nearby library, on campus, or on Zoom.
Contact: Allison Damiger, Principal Investigator, **daminger@wisc.edu**

Fill out interest form

Online Asynchronous Children's Educational TV Study

Dates: Ongoing
Time commitment: Approximately 20 minutes
Compensation: $10 Amazon e-gift card
Eligibility: English-speaking, U.S.-based children aged 3–5 years and their parent
Description: We are interested in understanding whether moments in video where characters seem to talk to the audience can support children's understanding of social-emotional lessons in educational videos. During the study, your child will watch a couple of short educational videos and answer some questions about their understanding of one of the videos. At the end, we will ask you, the parent, a couple of questions about your family's screentime experiences and demographics. The results from this research might help improve how educational videos for young children are developed in the future.
Contact: Jennica Li, Researcher, **cogdevlab@sohe.wisc.edu**

Fill out interest form

November Family-Friendly Events

Special Events

Art for Little Ones
Tuesday, November 3, 10:30 - 11:15 am
Monroe Street Library

Art Club for Families: Rock Painting
Wednesday, November 4, 4:00 - 5:30 pm

Recurring Events

Little Sprouts
November 3, 6, 10, 13, 17, 20
10:15 - 11:15 am
Olbrich Botanical Gardens

MCM Free Thursday Evenings

Goodman South Madison Library

Kids in the Rotunda: Stuart Stotts
Saturday, November 7, 9:30 am, 11 am, and 1 pm
Overture Center

How-To Fest
Saturday, November 7, 1:00 - 3:00 pm
Middleton Public Library

Preschool STEAM
Saturday, November 7, 2:00 - 3:00 pm
Goodman South Madison Library

Kids on the Prairie: Celebrate Cycles of Life
Sunday, November 8, 10:30 am - 12:00 pm
Holy Wisdom Monastery

Family Friendly Kids' Pop-Up Sale
Thurs–Sat, Nov. 12–14, hours vary
Just Between Friends Dane County

Kids in the Rotunda: Laura Doherty & the Heartbeats
Saturday, November 14, 9:30 am, 11 am, and 1 pm
Overture Center

Canta con Jorge y Chimi: Bilingual Folk Songs for Kids
Saturday, November 14, 10:30 - 11:30 am
Imagination Center Library

Family Nature Program: Turkey Time
Sunday, November 15, 1:30 - 3:30 pm
UW Arboretum

Warner Family Fun Night
Friday, November 20, 5:30 - 7:30 pm
Warner Park Community Recreation Center

Kids in the Rotunda: Beni Daiko
Saturday, November 21, 9:30 am, 11 am, and 1 pm
Overture Center

Hayride Through Holiday Fantasy in Lights
Sat–Sun, Nov. 21–22, 5:00 - 8:00 pm
Turville Point Conservation Park

November 5, 12, 19
4:00 - 8:00 pm
Madison Children's Museum

Little Picassos Free Art Program
November 7, 14, 21
10:30 am - 12:00 pm **or** 12:30 - 2:00 pm
Madison Youth Arts (MYArts)

Dance Around the World
November 10, 24
10:30 - 11:15 am
Isthmus Dance Collective

Madison Public Library Storytimes
Various Dates and Times
Various Locations

More Special Events

Curious Critters Storytime
Monday, November 23, 10:00 - 10:45 am
Aldo Leopold Nature Center

Children's African Story Hour
Tuesday, November 24, 5:30 - 6:30 pm
University Apartments Community Center, Room 135

Pet Rock Party!
Wednesday, November 25, 9:30 - 11:30 am
Monona Public Library

Kids in the Rotunda: Cash Box Kings
Friday, Nov. 27, 9:30 am, 11 am, 1 pm
Overture Center

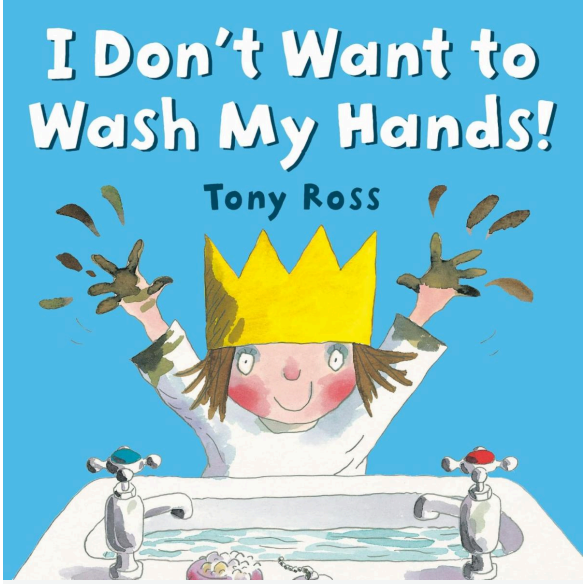
Kids in the Rotunda: Mark Hayward
Saturday, Nov. 28, 9:30 am, 11 am, 1 pm
Overture Center

Bird & Nature Adventures
Saturday, November 28, 10:00 - 11:30 am
Aldo Leopold Nature Center

"The Nutcracker" visits Central Library
Monday, November 30, 10:00 - 11:00 am
Madison Central Library

Book of the Month

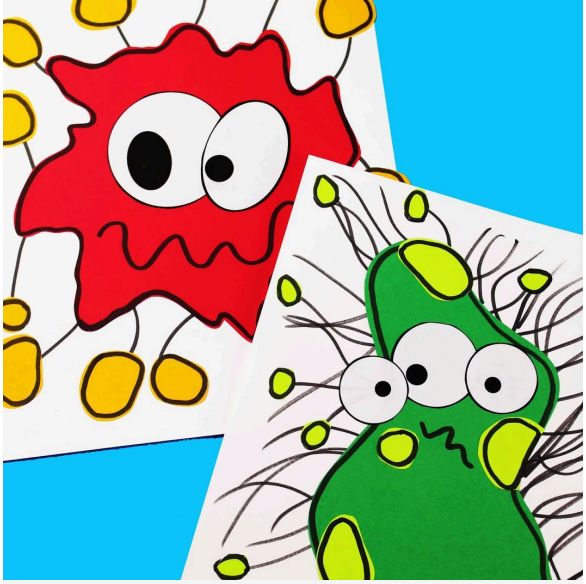
Craft of the Month



I Don't Want to Wash My Hands!

The Little Princess does not want to wash her hands. She's washed her hands before eating and after going outside, after sneezing and using the potty. Why should she wash her hands anymore? Well, because of germs, which are too small to even see!

Read Aloud Storytime



Germ Paper Craft

Germs can be a scary thing for kids to learn about, but it doesn't have to be! That's why we're featuring this great Germ Paper Craft. Have fun teaching kids about germs, how they spread and how to be safe with this adorable germ craft that kids will love making!

Learn More

Chef's Corner: Easy Egg Bites



These mini egg bites are perfect for little hands! Packed with protein, veggies, and a touch of cheese, they're a delicious way to fuel your kids with wholesome ingredients. Perfect for breakfast, lunch, dinner, or even snacks!

Ingredients:

- Cooking spray or olive oil
- 6 eggs
- ¼ c milk
- ½ c shredded cheddar cheese
- ¼ c baby spinach, finely chopped
- ¼ c diced ham
- salt and pepper to taste

Instructions:

1. Preheat oven to 375º F. Grease a mini muffin pan with olive oil or cooking spray.
2. Wash and dry the spinach. Finely chop and set aside.
3. Dice the ham and set aside.
4. In a medium bowl, whisk together the eggs and milk.
5. Add cheese, spinach, and ham to the mixture along with some salt and pepper, then whisk again.
6. Spoon 1 tablespoon of egg mixture into each mini muffin cup. This should make ~24 mini egg bites.
7. Bake mini egg bites for 12–15 minutes, or until a knife comes out clean. Let sit in muffin pan for 5 minutes.
8. Remove from muffin tin and enjoy! Store any leftover egg bites in an airtight container for up to 3 days.

*Recipe from **nourishedlittleplates.com***

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Office of Child Care & Family Resources at UW-Madison | 611 Eagle Heights Drive Room 148 | Madison, WI 53705 US

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