



Office of Child Care
and Family Resources
SCHOOL OF EDUCATION
UNIVERSITY OF WISCONSIN-MADISON

BADGER BUZZ



Photo by Bryce Richter / UW-Madison

October Updates & Events for UW Parents

Get ready for a spooktacular fall filled with fun and family! In this month's newsletter, we'll share our upcoming parenting class on managing tantrums and meltdowns, introduce a child care option for Saturdays, and reveal the secret to exploring the Madison Children's Museum for free.

We hope you find this newsletter frightfully fun and informative! 🎃👻

Important Dates:

October 8 - Employee Benefits and Resource Fair

October 11 - [Fathers in Focus Conference](#)

October 18 - Deadline to apply for Fall 2024 [Child Care Tuition Assistance Program \(CCTAP\)](#) funding

That's So Punny!

Why was the jack-o-lantern so forgetful?

Scroll to the end to find out!



Tantrums & Meltdowns - FREE Virtual Parenting Lunch & Learn

If your child is struggling with tantrums and meltdowns and you feel lost for how to handle them in a way that is respectful, developmentally appropriate, and builds important emotional skills, this workshop is for you! Learn WHY this is happening and HOW to support your child (and yourself) through the normal ups and downs of childhood.

Part 1: Wednesday, October 9
Part 2: Wednesday, October 16
12:00-1:15 PM

Open to UW employees & students, and spouses/partners

Sign me up!



Saturday Child Care at Little Chicks Learning Academy

September 21-December 14
January 25-May 3
9:00 AM-4:00 PM

Could you use extra child care on the weekends? Little Chicks Learning Academy will be offering hourly child care by reservation on Saturdays this Fall & Spring semester. Don't forget, UW employees and students can get reduced cost hours through [KidsKare](#).

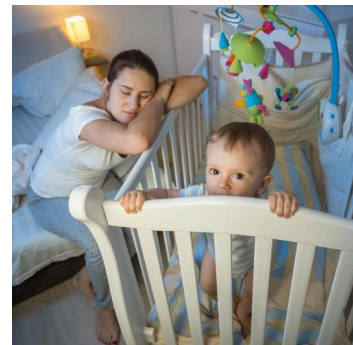
New families - Apply for Fall KidsKare hours first, then make a [First Visit Reservation](#).

Returning families - Apply for Fall KidsKare hours, then make a [Returning Family Reservation](#).

5 Ways to Prep Your Kids for Daylight Saving Time

The "spring forward/fall back" time change can be hard for everyone but can be especially challenging for children. Here's how to get your little one on track so you can all get a good night's sleep.

[Learn More](#)



Annual Benefits Enrollment Deadline is October 25

UW employees have until October 25 to complete their Annual Benefits Enrollment. Explore in-person and online resources to help you make decisions about your benefits, including health care, life insurance, and a Dependent Care FSA, and more.

[Learn More](#)



Free Membership for First-Time Parents

Did you know the Madison Children's Museum offers [free membership to first-time parents](#) with a child under 18 months? Access Memberships (choose how much you pay) may be available if you participate in a [qualifying program](#). Finally, check out [Free Thursday Evenings](#) from 4-8 PM!

[Learn More](#)



Student Parent SPOTLIGHT



Photo by Perri Moran / OCCFR

Loren Peabody & Janaina Saad

Major: We are both in the PhD program in Sociology

Hometown: Loren: Oakland, CA; Janaina: São Paulo, Brazil

Languages Spoken at Home: English and some Portuguese

About us: We both chose careers of teaching and research in sociology. Janaina's research is on labor and political mobilization in Brazil and my research is on the politics of urban development in US cities.

Favorite activity to do with my kids: We love to ride bikes around Madison with the kids, usually with a stop at a playground or ice cream shop.

What campus resource do you wish more student parents knew about? Two campus resources that student parents should know about are [CCTAP](#) and [CCAMPIS](#)--these programs make fantastic childcare affordable to student parents at a time when high-quality childcare is often not accessible to parents with limited incomes.

What parenting resources do you recommend?

Some parenting resources we recommend are [Good Inside App](#) (practical parenting strategies) and the [Solid Starts App](#) (raising healthy eaters).

UPCOMING FAMILY-FRIENDLY EVENTS

[Read to a Dog](#)

Oct 3, 3:30-5:00 PM
Madison Public Library - Sequoya

[Harvest Fest](#)

Oct 5, 3:00-7:00 PM
Troy Farm

[Family Nature Walk](#)

Oct 6, 1:30-2:30 PM
UW-Madison Arboretum

[Wisconsin Chamber Orchestra - Sharing is for Everyone!](#)

Oct 6, 2:00 and 3:00 PM
Overture Center - Rotunda Stage

[Multi Age Storytime](#)

Oct 9, 10:30-11:30 AM
Madison Public Library - Central

[Free Thursday Evenings](#)

Every Thursday, 4:00-8:00 PM
Madison Children's Museum

[Hispanic Heritage Month Celebration](#)

Oct 10, 5:00-8:00 PM
Madison Children's Museum

[Book Buddies](#)

Oct 12, 9:30, 10:30, 10:35, & 11:05 AM
City Dog Veterinary Clinic

[Bike Donation Drive](#)

Oct 12, 10:00 AM-2:00 PM
354 Coyier Lane - Madison

[Family Fall Festival](#)

Oct 12, 11:00 AM-2:00 PM
Bruce Company - Middleton

Kids on the Prairie - Trees in Fall

Oct 13, 10:30 AM-2:00 PM
Holy Wisdom Monastery

Movie at the Glen - Hocus Pocus

Oct 13, 4:00-7:00 PM
The Glen Golf Park

Wisconsin Science Festival

Oct 14-20 | Multiple Events/Locations

Children's African Story Hour

Oct 14, 4:00-5:00 PM
Pinney Public Library

Toddler Music with Corey Hart

Oct 17, 10:00-11:00 AM
Madison Public Library - Sequoya

Fall Fest

Oct 18, 5:30-7:30 PM
Aldo Leopold Nature Center

UW-Madison Family Weekend

Oct 18-20 | Multiple Events/Locations
Free for current students and children under 12

Halloween on the Farm

Oct 19, 4:00-8:00 PM
Schumacher Farm - Waunakee

UW Homecoming

Oct 20-26

UW Homecoming Parade

Oct 25, 6:00-7:30 PM
State Street

Warner Family Fun Night - Halloween Special

Oct 25, 5:00-8:00 PM
Warner Park Community Recreation Center

Movie in the Park - Hotel Transylvania

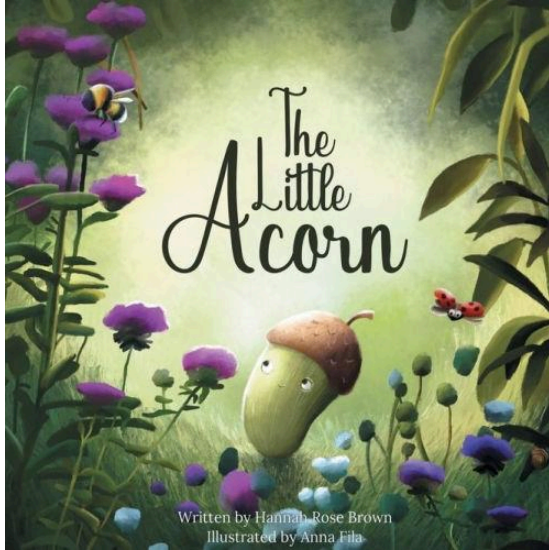
Oct 30, 6:00-7:30 PM
Top of State Street

"Not So Scary" Halloween Luminary Hike

Oct 30, 5:00-7:00 PM
Lussier Family Heritage Center | \$20 Family Pass or \$5/person ages 2+

Downtown Madison Family Halloween

Oct 30, 3:00-6:00 PM
State Street & Capitol Square



Book of the Month: *The Little Acorn*

The Little Acorn by Hannah Rose Brown and Anna File is a heartwarming book that tells the story of a small acorn with big dreams. As the seasons change, the acorn embarks on a journey of growth and learning patience. Through beautiful illustrations and a gentle narrative, the book explores themes of resilience, nature, and personal growth, encouraging young readers to believe in themselves and the possibilities that come with time and perseverance.

[Read Aloud Storytime](#)



Craft of the Month: Beaded Corn

Making corn husks out of pipe cleaners and beads is a fantastic fall craft! It's not only a fun and simple way to celebrate the season but also helps children develop fine motor skills as they twist and thread the materials together. This activity fosters creativity, improves hand-eye coordination, and introduces children to fall harvest themes. Additionally, it's an easy and engaging project that can be displayed as festive autumn decorations.

[Learn More](#)



Chef's Corner

Pumpkin Crackers

Preheat the oven to 350 degrees F. Mix all ingredients into a dough, then roll between two sheets of parchment paper to $\frac{1}{8}$ inch thick. Cut into crackers and prick with a fork. Bake for 10-15 minutes, checking at 10 minutes. Cool before serving.

Ingredients:

- $\frac{1}{3}$ cup pumpkin puree
- $\frac{1}{3}$ cup parmesan cheese, grated
- $\frac{1}{2}$ cup + 2 tbsp flour
- 1 tbsp butter, softened
- $\frac{1}{4}$ tsp salt, optional

Recipe from feedingtinybellies.com

Answer:

Why was the jack-o-lantern so forgetful?

Because he is empty headed!



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