Office of Child Care
and Family Resources
SCHOOL OF EDUCATION
UNIVERSITY OF WISCONSIN–MADISON

BADGER BUZZ

Photo by Jeff Miller / UW–Madison

November Updates & Events for UW Parents

In this month's newsletter we're excited to highlight our upcoming parenting class on navigating the ups and downs of raising a spirited child, scholarship opportunities for single parents and returning adult students, and tons of fun family events. We also have some tips on being prepared to vote on November 5th and a delicious recipe for healthy muffins to fuel your busy day!

Important Dates:

November 4 - Deadline for students to submit their Climate Survey response

November 8 - National First-Generation College Student Celebration Day

November 15 - Spring CCTAP application available

That's So Punny!

What is a scarecrow's favorite fruit?
Scroll to the end to find out!

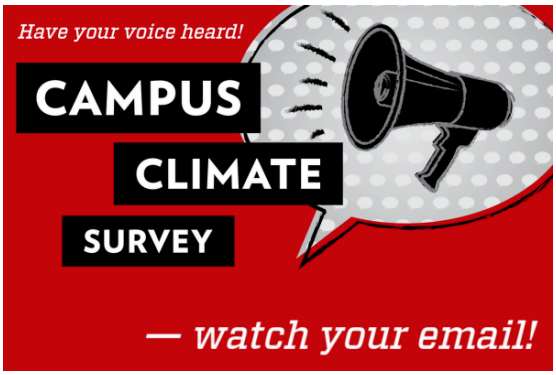
Parenting a Spirited/Sensitive Child - FREE Virtual Parenting Lunch & Learn

Are you wondering how to navigate daily life with a sensitive/spirited child? You're not alone! Join us in a compassionate and fun exploration of temperament traits that define these vibrant yet challenging children. Learn to identify the signs of spiritedness and discover practical strategies to support your child when they feel overwhelmed.

Part 1: Wednesday, November 13
Part 2: Wednesday, November 20
12:00-1:15 PM

Open to UW employees & students, and spouses/partners

Sign me up!



Complete the student campus climate survey by November 4 to make your voice heard!

UW–Madison is conducting a student-wide Campus Climate Survey to help campus leaders further efforts to make UW–Madison a place where every member of our community feels a sense of belonging and is empowered with the resources to flourish.

Help us make sure parenting student voices are heard in this important survey!

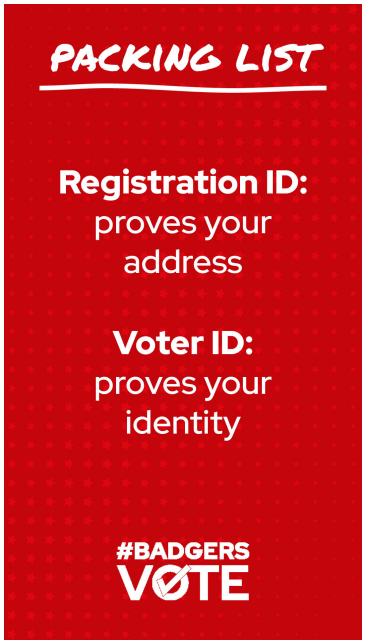
Check your email for an invitation from the Student Campus Climate Survey with a link to the Qualtrics survey and submit your feedback by Monday, November 4.

Learn More

Get ready, Badgers! Election Day is November 5

1. Do your research. If you're voting in Wisconsin, you can **find out what's on your ballot**.
2. **Check** if you're registered to vote. You can always register or re-register at your polling location.
3. Know **your polling location**. It's the only place you can vote today.
4. Make sure you have the **proper voter ID**.
5. Polls close at 8 p.m. If you're in line by 8 p.m., you can vote

Learn More



Single Parent & Returning Adult Student Scholarships

Are you a single student parent, *or* have you had a 5-year break in your education? Submit one application and be considered for multiple scholarships ranging from $1,000-$5,000! *Must be a U.S. citizen or permanent resident to be eligible.*
Application period: Nov. 16th – Feb. 10th

Learn More

Share your story, Black fathers!

The Reproductive Equity Action Lab (REAL) at UW-Madison is conducting paid, confidential interviews with Black fathers in Wisconsin on parenting, child support, health care, and more. Click the link below to see if you're eligible to participate in an interview!

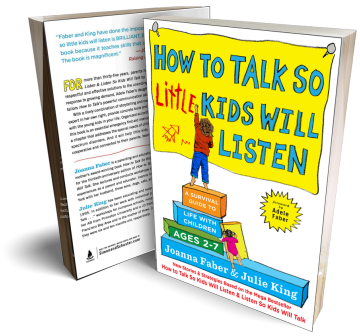
Learn More

How to Talk So Little Kids Will Listen by Joanna Faber

What do you do with a little kid who…won't brush her teeth…screams in his car seat…pinches the baby...refuses to eat vegetables…throws books in the library...runs rampant in the supermarket?

This user-friendly guide will empower parents and caregivers of children ages 2-7 to forge rewarding, joyful relationships with their little ones.

Learn More



Student Parent SPOTLIGHT

Photo courtesy of Tingting Schwartz

Tingting Schwartz 张婷婷

Major: PhD in Curriculum and Instruction

Hometown: I grew up in China, and our family lived in Minnesota for 11 years before moving to Madison.

Languages spoken at home: Chinese and English

About me: I love sharing quality Chinese children's books with my kids and the community. Every second Saturday of the month, I lead a **Chinese Story Time and Art Play session at the Sequoya Library**, bringing Chinese language, stories, and fun to young children.

Favorite activity to do with my kids: Madison Children's Museum

What parenting resources do you recommend?
I just finished *Good Inside* by Becky Kennedy shared by my husband. :) Highly recommend it.

UPCOMING FAMILY-FRIENDLY EVENTS

Mac the Vote After Party
Nov 5, 5:00-9:00 PM
Garver Feed Mill

Just Between Friends - Clothing Consignment
Nov 7-9, varying times
The Tributary

Family Fun Night
Nov 8, 5:30-8:00 PM
Warner Park Community Recreation Center, $5/family

Holiday Art & Craft Sale
Nov 9, 9:00 AM-3:00 PM
Sugar Creek Elementary - Verona

Book Buddies - Read to a Dog
Nov 9, 9:30, 10:05, 10:35, or 11:05 AM
City Dog

Parents & Baby Expo
Nov 10, 10:00 AM-2:00 PM
UW Union South, $15/person

Kids on the Prairie: Creatures in Winter Family Game
Nov 10, 10:30 AM-12:00 PM
Holy Wisdom Monastery - Middleton

Storytime (ages 5 & under)
Nov 12, 10:30-11:15 AM
Monroe Street Library

Preschool of the Arts Kindergarten Open House
Nov 12, 4:00-5:00 PM
Preschool of the Arts

Toddler Music with Corey Hart
Nov 14, 10:00-10:45 AM
Sequoya Library

Madison's Big Sing
Nov 16, 10:00-11:00 AM
Madison Youth Arts

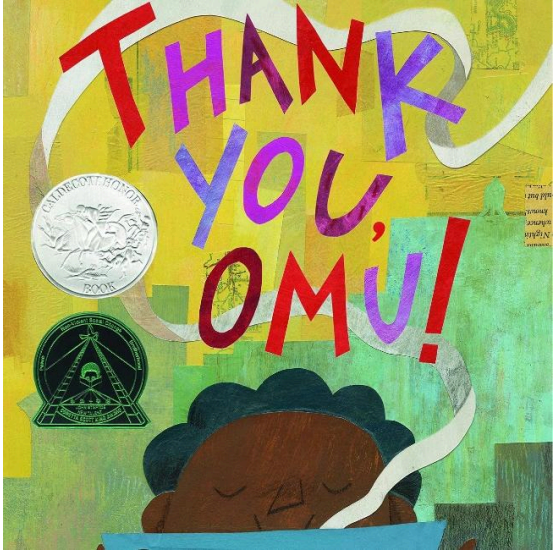
Free Vision Screening
Nov 16, 10:00 AM-12:00 PM
Goodman South Library

UW Arboretum Family Nature Program
Nov 17, 1:30-3:30 PM
UW Arboretum Visitor Center

Cooking with Chef Lily
Nov 19, 4:30-5:30 PM
Lakeview Library

Sennett Community Winter Craft Market
Nov 23, 9:00 AM-3:00 PM
Sennett Middle School

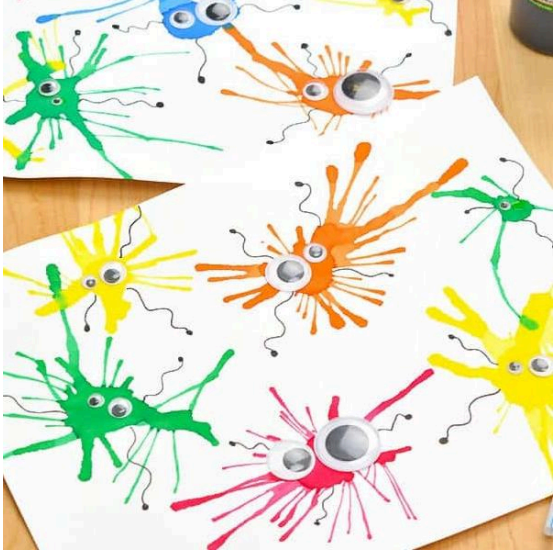
Día de los Muertos Celebration for Children
Nov 23, 5:00-7:00 PM
Overture Center



Book of the Month: *Thank you, Omu!*

Thank You, Omu! by Oge Mora is a heartwarming children's story about Omu, a generous woman who makes delicious stew that fills her apartment building with its irresistible aroma. As neighbors follow the scent to her door, Omu happily shares her stew with everyone who asks. By the end of the day, she realizes there's none left for herself. Her kindness is repaid when the grateful community brings food for her in return. The book celebrates generosity and community.

Read Aloud Storytime



Craft of the Month: Monster Blow Painting

Blow painting is a fun and creative art activity that uses simple materials like liquid watercolors, straws, and paper to create unique, colorful designs. By placing drops of paint on the paper and blowing through a straw, kids can watch the paint spread in unpredictable patterns. This hands-on project promotes creativity, fine motor skills, and exploration of color mixing. It's perfect for young children who love experimenting with art and making beautiful, one-of-a-kind masterpieces!

Learn More

Chef's Corner

ABC Muffins

These ABC Muffins are moist, tender, made with whole wheat flour, and are packed with Apples, Bananas, and Carrots!

Preheat the oven to 375 degrees F. Squeeze out excess liquid from the carrot and apple. Follow the order of ingredients below, mixing each in until just combined. Scoop the batter into a greased muffin tin and bake for 15-17 minutes.

Ingredients:
1 cup shredded apple
1 cup mashed ripe banana
1 cup finely shredded carrot
2 large eggs
¼ cup avocado oil
¼ cup milk
¼ cup light brown sugar
1 teaspoon baking powder
½ teaspoon baking soda

¼ teaspoon salt
1 teaspoon cinnamon
½ cup rolled oats
1 ¼ cup flour

Recipe from *thenaturalnurturer.com*

Answer:

What is a scarecrow's favorite fruit?

A straw-berry!

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