



Office of Child Care  
and Family Resources  
SCHOOL OF EDUCATION  
UNIVERSITY OF WISCONSIN-MADISON

April, 2019

## Keeping UW-Madison Families Informed

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Thank you for reading! Our monthly Parent Newsletter is designed to keep UW-Madison parents connected and informed with happenings and resources on campus. I will include parenting tips, ideas, events, etc! Please send me any information that you think other families would enjoy seeing in our newsletter!

### Family Tip of the Month



### Tips for Vegetable Gardening with Your Young Child

It's gardening season and we are excited to get those beautiful gardens growing...well, mostly beautiful! Those of us who have small toddler helpers may not have the loveliest veggies to show for it, but we have learned some important lessons along the way.

**Here are some tips:**

1. Know your stuff
2. Relax
3. Keep your goals simple
4. Make your planting rows obvious
5. Have a "can-do" garden
6. Eat what you grow
7. Have fun

Read about these simple tips [HERE!](#)

### 5 Ways to Build Compassion in Children



Teaching your child compassion is an opportunity for you to grow as well, as you strive to be the role model you would like your child to have. As you continue to have conversations with your child aimed at building compassion, consider the following strategies:

1. Use words that you would like to hear your child use now and in the future.
2. Live each conversation beyond your words.
3. Look for role models and examples of compassion in your own community.
4. Recognize that building compassion takes time.
5. Learn from your child along the way.

Read more about these strategies [HERE!](#)

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How I Ruined My  
Toddlers Day  
Reason #114:

I served her something that wasn't covered in ketchup -- or cheese -- and took more than 20-seconds to prepare.

Sunshine Spoils Milk

## Kids Building Wisconsin

May 11, 2019

9am - 4pm



Kids Building Wisconsin is a SUPER fun, free event with a focus on getting kids interested in the numerous exciting careers available in the construction industry. Sprinkled across beautiful McKee Farms Park in Fitchburg, WI will be over a dozen exhibits/stations run by local trades and other event participants with fun interactive exhibits of all kinds.

Some of the Events & Activities: Build A Brick Wall, Cement Hand Prints, Home Depot Kids Workshop, Chalk City, Cool Construction Equipment, Tree Hoist, and MORE! Come join us for a fun day in the park! The event is free and open to the public. You can register in advance to get into the park faster

[CLICK HERE TO VIEW MORE INFORMATION ABOUT THIS FABULOUS EVENT!](#)

100 ways to have fun with your kids

Garden together.



FOLLOW US FOR MORE GREAT  
INFORMATION!



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