



Office of Child Care  
and Family Resources  
SCHOOL OF EDUCATION  
UNIVERSITY OF WISCONSIN-MADISON

March, 2019

## Keeping UW-Madison Families Informed

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Thank you for reading! Our monthly Parent Newsletter is designed to keep UW-Madison parents connected and informed with happenings and resources on campus. I will include parenting tips, ideas, events, etc! Please send me any information that you think other families would enjoy seeing in our newsletter!

### Family Tip of the Month



### Just Play with Me:

What research tells us about playing more confidently with our children

Young children enter this world driven to explore, experiment, learn and grow. We see this in the toddler who delights in dumping a bin of blocks on the floor or in a curious infant splashing in a puddle. There is no question that children learn through play. But how can we, as parents, keep this love of play alive...and help facilitate it? Here is what we know about parents and play:

- Parents value play and believe it's

### Guiding Children by Using Questions



Asking children questions is a way to guide them toward healthy behaviors by helping them think about what they do - and what affect they have on others. Children who receive lots of gentle reminders - often in the form of questions - develop the ability to think about behaviors before doing them.

- What problems are there when you run in the house?
- Why is it healthy to brush

important

- Parents recognize play as an important way that children learn about the world
- Many parents don't always feel confident about their own abilities to play
- Busy schedules and concerns about safety can present barriers to play

We get it - stepping outside of your comfort zone is not easy, switching gears to tune into our playful side can be challenging, and understanding our role as the adult in play is not always clear.

**READ MORE HERE** to find out some things you can think about the next time you are prompted to get down on the floor with your little ones!

your teeth?

- What happens when you grab your sister's doll away from her?

**[Click here to read more!!](#)**

## 2019 UW-Madison Science Expeditions April 5-7, 2019



Come explore UW-Madison - your public land-grant research university - and experience science as exploring the unknown. Talk with researchers, visit science venues across campus, enjoy our Science Spectacular Shows, and try your hand at our interactive Explorations Stations. From astronomy to zoology, UW Science Expeditions is the annual campus-wide science open house that connects you to UW people and places all year round!

All events are FREE and open to the public.

There are about 30 different places to explore on campus and trolley rides available for transportation between venues!

**[MORE INFORMATION HERE](#)**



Write stories together.



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UW Office of Child Care and Family Resources

608-265-9123

[jen.dittrich@wisc.edu](mailto:jen.dittrich@wisc.edu)

[www.occf.wisc.edu](http://www.occf.wisc.edu)