

June, 2018

Keeping UW-Madison Families Informed

Thank you for reading! Our monthly Parent Newsletter is designed to keep UW-Madison parents connected and informed with happenings and resources on campus. I will include parenting tips, ideas, events, etc! Please send me any information that you think other families would enjoy seeing in our newsletter!

Family Tip of the Month



The Benefits of Chores

The Research:
Even though it is more difficult at the time to persist in having children do chores, kids really benefit from the experience. Research indicates that children who do have a set of chores have higher self-esteem, are more responsible, and are better able to deal with frustration and delay gratification, all of which contribute to greater success in school.

Furthermore, research by Marty Rossman shows that involving children in household tasks at an early age can have a positive impact later in life. In fact, says Rossman, "the best predictor of young adults' success in their mid-20's was what they participated in household tasks when they were three or four."

Work and Family Life Newsletter



Balancing job and personal responsibilities: Practical solutions for family, workplace and health issues.

[Read the June 2017 Issue here!](#)

(there is no June 2018 issue)

**Madison Area Guide to
Pools, Beaches, and
Splash Parks**

Holding them accountable for their chores can increase a sense of themselves as responsible and actually make them more responsible. Children will feel more capable for having met their obligations and completed their tasks.

[Read more from The Center for Parenting Education here!](#)



The summer heat is here and most kids LOVE to get wet! Madison offers many family-friendly spots for water play. Most of them are inexpensive or FREE! [Check out the list here!](#)

100 ways to have fun with your kids

#2. Have a picnic at a park or beach



UW Office of Child Care and Family Resources

608-265-9123

jen.dittrich@wisc.edu

www.occfw.wisc.edu