



Keeping UW-Madison Families Informed

Our monthly newsletters are back! The purpose of our monthly Parent Newsletter is to keep UW-Madison parents connected and informed with happenings and resources on campus. I will include parenting tips, ideas, events, etc! Feel free to send me any information that you think other families would enjoy seeing in our newsletters!

[Visit Our Website](#)

Family Tip of the Month

Fall in Love with Reading: Ten Simple Things you can Do at Home

There are many ways to enjoy reading with your child. Here are a few ways to make reading a fun part of your everyday life!

[Click here to learn more!](#)



Photo: © Dejan Ristovski



Work and Family Life Newsletter

Balancing job and personal responsibilities: Practical solutions for family, workplace and health issues

[November 2017 Issue](#)

Parenting Mantras to the Rescue

"Comparison is the thief of joy"

We simply can't see how lucky we truly are when we

are focused on someone else.

Now, of course this doesn't mean we shouldn't have goals, or strive to learn more and do better. Or that we can't experience pain or jealousy. Those feelings are unavoidable in life. The trick is to not let them become the focus of your story. Honor them, treat yourself with grace and compassion, and then let them go and return your attention to the present moment. To the place that you are right now. And sometimes the present moment is painful too. And that's ok.

[Read more here](#)



Escape Adulthood: Tip of the Month

Everyone needs a bit less stress and more fun! Check out these fun tips from escapeadulthood.com. Get rid of [Adultitis](#) now!

Today's Tip: Silly Soap Opera

Gather a group of people around the television. Find a program that has a lot of drama and at least as many characters as people you have playing. Turn the volume all the way down, and provide the voices for the characters. For best results, don't be afraid to let the plot veer off into zany directions.

Pro Tip: The show you choose (soap opera, sports highlight show, home makeover show, cooking show, etc.) will impact the flavor of your game, so mix it up for some variety!



Children's Theater

Waisman Center

The Waisman Center Children's Theater enhances the arts for young children in Dane County by providing high

quality, diverse, educational, and interactive live theatrical performances at a modest cost and in fully accessible settings.

The Children's Theater features a variety of performances - magicians, singers, dancers, musical groups, "learning is fun" educators/performers, and professional theatrical companies. An important goal of the series is to include culturally and ethnically diverse performers and activities. Many of the performances showcase children as the sole performers or "stars" of the production.

Admission: \$2/adults; \$1/children

Upcoming shows:

11/12/17: Playtime Productions, The Little Match Girl

12/10/17: Dance Wisconsin, Nutcracker Preview

1/14/18: Wayne the Wizard, Winter Magic Show

[see more here](#)

[Read more about the Waisman Center Children's Theater here!](#)

STAY CONNECTED:

